

“CLO” Treats Alzheimer’s

Cod Liver Oil Controls Inflammation

“The Essential Fatty Acids of CLO Help Rebuild the Structure and Function of Neurons.”



Nutrition plays a vital role in human health. We are learning that inflammation triggers many serious diseases as we age. We are also learning that our diet can trigger inflammation. The good news is that our diet can also control inflammation.

The Mediterranean diet that is

rich in healthy oils and fats protects us. Fish oils including those in cod liver oil are widely known to protect against cardiovascular and Alzheimer’s disease.

The best treatment is the simplest. Attack inflammation naturally.

Good Fat!

Cod liver oil (CLO) is full of fish oils including DHA and EPA that fight inflammation, regulate blood flow, control “bad” cholesterol, and make up the membranes of neuron cells in the brain.

CLO is fish oil “on steroids” because it contains lots of natural vitamin A and D.

Vitamin D is really a hormone that regulates cell division and thus protects us against cancer. It is also responsible for shuttling calcium into our bones, making them big and strong. It is a vital part of the immune system yet 90% of Americans are deficient.



Vitamin A protects against infection, allergies and strengthens eye tissue.

CLO protects us against Alzheimer’s in (at least) 3 ways.

Framingham Study: Fish Oil Prevents Alzheimer’s Disease

The Framingham Study is the longest and broadest forward-looking medical study in the world. Thousands of people have been followed since the 1950s.

A report from the Framingham Study showed that people with the highest amount of fish oils in their blood (EPA and DHA) had much lower



incidences of dementia including AD. The higher the amount of fish oil, the lower the incidence of dementia. People in the top 25% in fish oil had 47% less dementia and those in the top 10% had 75% less.

This makes cod liver oil arguably the most effective preventative and treatment for Alzheimer’s disease.