

MIT Researcher's AD View

MIT Not Influenced by Big Pharma
*"An MIT Researcher has a Controversial View
 on Alzheimer's that Gives Hope"*



MIT is somewhat unique among the top tier colleges and Universities because it does not have a medical school. Why does that matter? Most medical schools obtain substantial funding from the pharmaceutical industry and their faculty is somewhat indebted to these "gifts."

The NY Times brought this

issue to the forefront through an article titled, "Harvard Medical School in an Ethics Quandary." The American Medical Student Association gave Harvard an "F" grade for their lack of monitoring and control of drug industry money. Medical students felt "violated" by professors favoring drug company opinions.

Simple Message
 Dr. Seneff provides a simple Alzheimer's prevention and treatment message:

1. Avoid excesses in carbohydrates and sugars. They create oxidative damage and metabolic dysfunction. Fructose is 10x as reactive as glucose.
2. Do not limit intake of foods associated with cholesterol. That is, take in healthy fats.
3. Do not take drugs (statins and others) that reduce cholesterol levels.
4. Eat fruits and vegetables to maintain an antioxidant balance (excesses of antioxidants by supplementation has a negative affect.)

What happens otherwise?
 Over time neurons become severely damaged due to the oxidative stress of excess sugars and the lack of fatty acid building blocks. Neurons die and cognitive decline follows.

MIT Researcher: "Nutrition and Alzheimer's Disease"

Dr. Stephanie Seneff of MIT writes how an excess of dietary carbohydrates, alongside a relative deficiency in dietary fats and cholesterol, may lead to the development of Alzheimer's disease. A first step in the pathophysiology of the disease is represented by advanced glycation end-products in crucial plasma proteins



concerned with fat, cholesterol, and oxygen transport. This leads to cholesterol deficiency in neurons, which significantly impairs their ability to function. This leads to, among other things, increased risk to microbial infection, and, apoptosis (neuron cell death). Could a Harvard researcher makes such claims about cholesterol and retain their job?

Answer: No - Reason: Funds from Statin industry.